

## Professional Development

## **Building Successful Work Relationships 3 Days**

In this course, students will learn how to build co-operative trust-based relationships that enable them to work productively with other professionals, clearly communicating and respectfully harnessing their distinctive contributions.

## Learning Objectives

After completing this course, students will know how to:

- Describe the importance of effective work relationships
- Demonstrate professionalism through your behavior
- Identify the interdependencies between you and your colleagues
- Communicate effectively to create rapport and connect with others
- Build and maintain your network of professional relationships
- Use quality dialogue to focus discussion toward mutual outcomes
- Develop collaborative working relationships that achieve results

### COURSE OUTLINE

#### 1 - THE IMPORTANCE OF WORK RELATIONSHIPS

- Supporting Effective Teamwork
- Understanding the Value of Relationships

#### 2 - INTERPERSONAL DYNAMICS

- Working with Ego States
- Being Effectively Assertive

#### 3 - DEMONSTRATING PROFESSIONAL BEHAVIOR

- Developing Professionalism
- Valuing Respect, Reliability, and Results
- Comparing Attitude, Action, and Effect

#### 4 - MAPPING YOUR WORK NETWORK

- Identifying Interdependencies
- Focusing on Purpose

#### 5 - BRIDGING WORK STYLES

- Identifying and Accepting Differences
- Adapting to Different Work Styles



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#### 6 - BUILDING YOUR NETWORK

- Appreciating Needs and Values
- Managing Your Network and Your Reputation

## 7 - COLLABORATING FOR SUCCESS

- Fostering Collaboration
- Creating a Working Agreement
- Contributing to a Collaborative Culture